

## Patient Protection and Affordable Care Act (PPACA)

Recommended Preventive Services identified in the interim regulations on July 14, 2010, generally apply to group health plans that are not grandfathered) must cover the recommended evidence based preventive services and waive all network cost-sharing requirements. Cost sharing for purposes of these rules includes deductibles, co-payments and coinsurance/benefit percentage. The US Preventive Services Task Force (USPSTF) evidence based preventive service list is located:

<http://www.healthcare.gov/center/regulations/prevention/recommendations.html>.

This document should be updated to reflect both new recommendations and guidelines and revised or removed guidelines. Plans may use reasonable medical management techniques to determine the frequency, method, treatment, or setting for preventive services.

Currently the United States Preventive Services Task Force recommends the following evidence based preventive services at no network cost share:

- Screening for abdominal aortic aneurysm
- Counseling to reduce alcohol misuse
- Screening for anemia
- Aspirin to prevent CVD: men
- Aspirin to prevent CVD: women
- Screening for bacteriuria
- Screening for blood pressure
- Counseling for BRCA screening
- Screening for breast cancer (mammography)
- Chemoprevention of breast cancer
- Counseling for breast feeding
- Screening for cervical cancer
- Screening for chlamydial infection; non-pregnant women
- Screening for cholesterol abnormalities men 35 and older and women 45 and older
- Screening for colon rectal cancer
- Screening for depression adults, adolescents
- Screening for diabetes
- Counseling for diet
- Supplementation with folic acid
- Screening for gonorrhea; women
- Prophylactic medication for gonorrhea; newborns
- Screening for hearing loss
- Screening for hemoglobinopathies
- Screening for hepatitis B
- Screening for HIV
- Screening for congenital hypothyroidism
- Iron supplementation in Children
- Screening and counseling for obesity adults and children
- Screening for osteoporosis
- Screening for PKU
- Screening for Rh incompatibility; first pregnancy visit
- Screening for Rh incompatibility; 24-28 weeks gestation
- Counseling for STIs
- Counseling for tobacco use; adults and pregnant women
- Screening for syphilis; non- pregnant and pregnant persons
- Screening for visual acuity in children

### Recommended Immunizations

- Hepatitis B
- Rotavirus
- Diphtheria, Tetanus, Pertussis
- Hemophilus influenza type b
- Pneumococcal
- Inactive Poliovirus
- Influenza
- Measles, Mumps, Rubella
- Varicella
- Hepatitis A
- Meningococcal
- Tetanus, Diphtheria, Pertussis
- Human Papillomavirus
- Zoster

## Recommendations for Preventive Pediatric Health Care

- History (Initial/Interval)
- Measurements (length, height and weight, head circumference, weight for length, body mass index, blood pressure)
- Sensory Screening (Vision/Hearing)
- Developmental/Behavioral Assessment
- Development Screening for Autism Screening
- Developmental Surveillance (Psychosocial/Behavioral Assessment, Alcohol and Drug Use Assessment)
- Physician Examination
- Procedures (Newborn Metabolic/Hemoglobin Screening, Immunization, Hematocrit or Hemoglobin, Lead Screening, Tuberculin Test, Dyslipidemia Screening, STI Screening, Cervical Dysplasia Screening)
- Oral Health
- Anticipatory Guidance

Please verify interpretation and implementation guidelines with employer's legal counsel.