

## Section 125 January 1, 2011 Reminder Notice

### *Healthcare Reform Impact to Section 125 Flexible Spending Account Access to Over-the-Counter Medications*

Under the Affordable Care Act, over-the-counter medicines and biological products will continue to be eligible for reimbursement as long as the request is accompanied by a licensed provider's prescription. This means items such as cough medicines, pain relievers, acid controllers and diaper rash ointment will now require a licensed provider's prescription.

Insulin and other over-the-counter items such as band-aids will continue to be eligible without a prescription.

To assist you, the below category of items will require a licensed provider's prescription:

- \*Acid Controllers
- Allergy & Sinus Medicine
- Antibiotic Products
- Anti-Diarrheals
- Anti-Gas Products
- Anti-Itch & Insect Bite Products
- Anti-Parasitic Treatments
- Baby Rash Ointments/Creams
- Cold Sore Remedies
- Cough, Cold & Flu Products
- Digestive Aids
- Feminine Anti-Fungal/Anti-Itch
- Hemorrhoidal Preps
- Laxatives
- Motion Sickness
- Pain Relievers
- Respiratory Treatments
- Sleep Aids & Sedatives
- Stomach Remedies

The following are examples of some of the categories that will remain available without a provider's prescription:

- Band-Aids
- Birth Control
- Braces & Supports
- Catheters
- Contact Lens Supplies & Solutions
- Denture Adhesives
- Diagnostic Test & Monitors
- Elastic Bandages & Wraps
- First Aid Supplies
- Insulin & Diabetic Supplies
- Ostomy Products
- Reading Glasses
- Wheelchairs, Walkers, Canes

**Please make sure you educate your prescribing provider prior to January 1, 2011, so you are not delayed in accessing your over-the-counter medications.**